

# WHO IS YOUR PERSON?

**BLUF: Recently 71<sup>st</sup> Flying Training Wing leadership, Col Simmons and Chief Graziano, asked all of their Vance Proud Airmen to take a few minutes to answer a simple three-part question:**

- 1) Who is your person? (parent, sibling, Airman, wife, etc.)
- 2) Why is that your person?
- 3) Have you ever told them they are your person?

This short, simple exercise proved deeply meaningful to team Vance and as of late October more than 550 Airmen, uniformed and civilian, have responded. The Colonel authorized a day pass for each response received for use through Squadron Commanders as mission allows. Many Airmen offered thanks in their response for leadership's focus on Airmen resilience as noted in this response:

“Thank you for this exercise and allowing me a brief moment to reflect and be thankful for those I rely so heavily on. No day pass is needed for me Colonel, this was meaningful enough.”

The exercise may seem simple but it helps identify an essential part of an Airman's support network in order to thrive and succeed. Every Airman and civilian regardless of rank or position has or will face tough times or encounter challenges and obstacles – but no one has to face them alone. So, perhaps we can all take a moment and follow Team Vance's example and ask ourselves **“WHO IS YOUR PERSON?”**

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